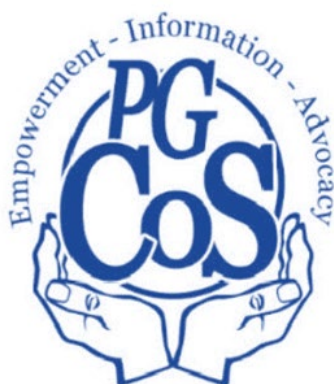


ANNUAL REPORT

April 2022-March 2023



Prince George Council of Seniors

1330 5th Ave

Prince George, BC V2L 3L4

250-564-5888

www.pgcoss.ca

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PGCOS Board of Directors

President

April 2022- September 2022

Fred Archibald

September-2022 March 2023

Fred Archibald

Vice-President

April 2022- September 2022

Virginia Parsons

September-2022 March 2023

Janet Marren

Secretary

April 2022- August 2022

Lorell Dennill

August 2022-March 2023

Barbara Gunn

Treasurer

April 2022- August 2022

Don Chamberlain

August 2022-March 2023

Lorell Dennill

Directors

as of September 2022

Ethel Gowman

Terry Pipkey

Marilyn Rayner (Until March 2023)

Margaret Jackson

SENIORS RESOURCE CENTRE

721 Victoria Street/ 1330 5th Ave (starting in February 2023)

Prince George, BC

250-564-5888



Business hours: 9:00 am to 3:00 pm Monday to Friday
(except statutory holidays)

UPDATE

From April 2022 to March 2023 The Seniors Resource Centre had **3375 calls and 1036 walk ins.**

GOAL

The goal of the Seniors Resource Centre is to provide services, information, and referrals to seniors 55 plus and their caregivers. We provide many programs and services at the centre.

FUNDING

We get funding from BC Gaming and donations.

STAFFING

The centre is managed by the Executive Director Michelle McGregor and has many volunteers which include front desk volunteers who volunteer their time from 12-3 Monday to Friday.

PROBLEMS

In the beginning of 2022 when Prince George Council of Seniors took on the Better at Home program and the Friends and Family Caregiver program space was a big issue. The centre on Victoria did not have the room for offices for all the staff. In February 2023 we found a new space at 1330 5th ave. The biggest problem with this space is the cost. The monthly cost went from \$2700 to \$5900.

HOPES & PLANS.

Our goal is to be a One stop Shop for seniors and their caregivers.

MEALS ON WHEELS PROGRAM



UPDATE

The Meals on wheels program is Managed by the Prince George Council of Seniors. From April 2022 to March 2023 the Meals on Wheels program provided **15,517** meals to seniors in our community. **We are now starting a waitlist to begin delivering in College Heights**

GOAL

The goal of the program is to provide fresh nutritional and affordable noon meals to seniors and others who are experiencing difficulties preparing meals for themselves.

FUNDING

Northern Health provides an annual grant. Clients currently pay \$8.50 per meal. Some donations are received for this program.

STAFFING

Nicole is the full time Coordinator for the Meals on Wheels Program. When funding is available, we have an assistant for Nicole.

PROBLEMS

This program is highly volunteer dependent. Meals are delivered between 10:30 am and noon which makes it difficult for students and working people to volunteer. Service depends on coordinator and kitchen knowledge of clients as many fragile seniors have diverse dietary needs. Price increase from contract kitchen is inevitable. Late changes (after the 20th) from the kitchen for the following months menu is problematic. Extras such as complimentary meals or financial assistance for clients depends on donations.

HOPES & PLANS.

Our goal is to be able to offer more meals for seniors who cannot afford them through our Adopt a Senior Program. And to also serve the College Heights area.

Housing & Community Navigator



GOALS

The goal program is to offer a service where seniors could meet one-on-one with the Housing & Community Navigator. The Navigator would work with the seniors to develop a plan of action that addressed the seniors identified unique needs and would give information on any relevant services that are discussed. The senior and the navigator worked together to connect with the different agencies, services and supports identified.

FUNDING

SENIORS SERVICES SOCIETY OF BC

STAFFING

Wendy our Housing & community Navigator works 5 days a week for 6 hours a day.

PROBLEMS

Dedicated office space was an ongoing problem. The navigator frequently ended up meeting clients in the kitchen to ensure confidentiality. Now that we have moved to our new location the staff has their own office and a welcome room.

PLANS & HOPES

To continue to be able to offer this service as it is definitely needed in the community.



Better at Home Program



Goal: Better at Home provides community-based services from volunteers, contractors, and our local non-profit organization. Better at Home supports the **non-medical** needs of older adults in the Prince George area. These services are aimed to help seniors stay independent in their own homes.

Update: The Prince George Better at Home program has had a very successful year. We have been able to offer a basket of services such as Housekeeping (hired 2 fulltime housekeepers that serve 68 clients), Online grocery ordering and delivery, Friendly visits and, Light handyman services (collaboration with the PG Men shed). We have been successful referring clients to other Services offered at the Prince George Council of Seniors, Meals on Wheels, Housing navigation, Social line, Blue bottle program, Denture program, Income tax program, and Friends and Family Care givers. We have also provided information that has been compiled in the form of brochures, leaflets, booklets, or business cards for a diverse selection of information.

FUNDING

United Way

STAFFING

Terri is our Program Coordinator, Tristan is our grocery delivery employee and Kristi and Petronilla our two Housekeeper, We also have volunteers who help with grocery orders and friendly visits.

PROBLEMS

Finding Housekeeping staff was a challenge. You have to find the right people that will not only be good at cleaning but have patience, a caring heart and an ear to listen. We have been very fortunate to have hired two individuals that fit this exact description. Workspace was also a challenge this year as the building we worked in was very small and we had to share many workspaces.

PLANS & HOPES

To continue to be able to offer this service as it is needed in the community. To Hopefully be able to hire one more housekeeper and to offer some kind of Snow removal.

Friends & Family Caregiver Support Program



Goal: Our Caregiver Support Group Facilitator will provide education to the community about caregiver issues, reach out to new and existing partners to identify caregivers that may wish to attend the group, but have barriers which prevent them from doing so and work with caregivers to remove/reduce barriers so that they can attend. This will involve managing a group of volunteers who are prepared to offer respite so that interested caregivers can attend group. Our facilitator will provide different training, support, and resources to the qualifying caregivers.

FUNDING

United Way

STAFFING

Lauri our Program Coordinator worked 30 hours per week.

PROBLEMS

The biggest challenge is getting caregivers to self identify and reach out and to get the info out to the Community. Clients need respite coverage so their caregivers can attend coffee sessions and for self-care.

PLANS & HOPES

To continue to be able to offer this service as it is needed in the community. To be able to find a way to find respite for caregivers.

PGCOS Social Line



GOAL

This goal of this program has been to provide weekly phone calls to lonely or isolated seniors in the Prince George area.

FUNDING

Northern Health

STAFFING

Wendy our Housing & Community Navigator supervises this program. All calls are made by volunteers.



In 2022-2023 Through this program there were 487 clients who received calls and 10052 mins were spent speaking with seniors to help them not be alone.

BLUE BOTTLE PROGRAM



GOAL

The goal of the program is to provide individuals with the means of recording important personal health information and keeping that information handy for emergency personnel to access quickly and easily.

Update: In 2022-2023 **360** bottles were given out.

FUNDING

This service is funded by donations.

STAFFING

Volunteers assemble the kits and distribute them at public events.

HOPES & PLANS.

We would like to find an annual sponsor or donor to cover the ongoing cost of supplies, and to resume public promotion and distribution. We would also like to promote and distribute new information sheets to seniors who already have the kits as medications and information may have changed over the years.

DENTURE PROGRAM



GOAL

To provide financial assistance to seniors without the means to meet the cost of new dentures or the repair or realignment of existing dentures.

UPDATE

In 2022-2023 **9** applicants were able to get new Dentures through this program.

FUNDING

By donation.

STAFFING

Volunteers and Directors

PROBLEMS

This program is entirely dependent on donations. When this program began, a set of new dentures cost around \$500 but that cost is now \$5,000+. Where a \$2,400 donation used to help a half dozen applicants, today it does not cover the cost of a single set of dentures. Seniors often need expensive extractions, treatment for abscesses or other dental work before receiving dentures.

HOPES & PLANS.

Our Hope is to be able to revise the program and be able to assist more applicants with this need. More funding is needed.

CHRISTMAS HAMPERS Service (Yearly)



GOAL

To provide the makings of a festive meal PLUS at least a week's worth of non-perishable groceries to help tide seniors over the extra week between December and January benefit cheques.

Update: In 2022-2023 PGCOS delivered **185** hampers to the Prince George Community.

FUNDING

This project is 100% dependent on community donations. The Citizen allowed us to use their warehouse this year to sort out the hampers.

STAFFING

All based on Volunteers and Seniors Resource Center staff.

PROBLEMS

Donation amounts unknown each year, lack of refrigeration for perishable food donations.

PLANS & HOPES

To find a suitable coordinator (hopefully a coordinator that would stay more than one year), to work with gift cards & cash donations and bulk buy hamper contents again for hamper uniformity.

GOLDEN AGE SOCIALS



UPDATE

We had our first Golden Age Social Activities in 2022. We had a social in October 154 guest, November 175 guests, December 228 guests, February 145 guests, March 120 guest.

GOAL

This events purpose is to provide a free monthly social event to community seniors during the long winter months.

FUNDING

The venue – Civic Centre – is provided by the City of PG and the Civic Centre. The City of PG provides a small grant to PGCOS for overall coordination. Monthly volunteer host groups are drawn from local churches and community organizations.

STAFFING

PGCOS has had a part-time coordinator. Host groups are responsible for providing their own volunteers.

PROBLEMS

Host groups, particularly from traditional churches, are aging out and finding it harder to find volunteers. Host groups are also struggling with the expense of providing refreshments. The event happens in the afternoon, so working volunteers and students cannot participate.

PLANS & HOPES

More host groups or sponsors must be found. Historically, business, or corporate hosts have been turned down, but it may be necessary to look at business or corporate sponsorship or volunteers.

INCOME TAX CLINICS (Yearly)



UPDATE

in 2023 There were **342** income tax performed.

GOAL

The goal of these clinics is to provide free preparation of simple basic income tax returns for low-income seniors.

FUNDING

We receive minimal donations from clients. And we receive some funding from the CVITP program.

STAFFING

Volunteer Lois Nelson has coordinated this service since 2002. She is assisted each year by other volunteers.

PLANS & HOPES

We hope to continue offering this crucial free service to low-income seniors. We believe it is necessary as many seniors either cannot access computers or cannot understand the return, and so many benefits are determined by the timely filing of their income tax returns.

NEWSLETTER (Monthly)

Update

Our newsletter was started in 2008 as a printed one-page quarterly update on PGCOS services and events. It has since grown to a 30 plus page monthly issue. It was given the name *The Senior Times* in 2014 by volunteer editors Bob and Lorraine D'Auray.

The goal is to promote PGCOS programs and events as well as community services and events of particular interest to seniors, their families, and caregivers.

PARTICIPANTS

It is distributed free by email to 1,000+ subscribers and about a dozen print issues (cost 25 cents) are available for pick-up at the Seniors Resource Centre each month.

HOW TO PARTICIPATE

Anyone interested in subscribing can contact the Seniors Resource Centre with their email address.

Subscribers often email messages of interest and appreciation after receiving their newsletter each month – many to say they tried the recipe. Although advertisers are infrequent, they are always appreciative of the coverage.

FUNDING

Funding for our newsletter is included in our BC Gaming Grant under the *Seniors Information Program*. Some minimal income is generated by paid advertisements and hard-copy sales.

STAFFING

Production of *The Senior Times* is the duty of the Executive Director.

PROBLEMS

Subscribers frequently change email addresses and do not report changes.

HOPES & PLANS.

We hope to upgrade our website and include our newsletter – as well as an archive of past editions.

SENIORS FAIR (Yearly)

UPDATE

In 2022 we had our first fair Since Covid 19 Seniors Fair day in August 2022. It was very successful.

HISTORY

In 2007 the Prince George Exhibition approached PGCOS to *do something for seniors* in an empty Kin arena during the annual exhibition. That year we organized a two-day event with exhibits and activities. We quickly decided two days – plus open until 9 pm one evening – was beyond our capacity. Since then, we have hosted an annual one-day event.

GOAL

The goal has always been to provide area seniors who might not come into the Seniors Resource Centre with a one-stop information fair about services, products, and activities, to encourage small and non-profit organizations to showcase themselves at minimal cost, and to provide a social settling for seniors to visit and renew friendships.

PARTICIPANTS

Participation for exhibitors was originally by invitation – we had 17 exhibitors the first year, and more recently over 60.

The event is open to anyone who pays to enter the exhibition grounds. As our event is held on Seniors Day, entrance fee for seniors is traditionally half-price.

Senior fairgoers always enjoy visiting and finding new events and businesses. Exhibitors appreciate our Passport which gets fairgoers to stop at their tables.

HOW TO PARTICIPATE

Any fairgoer can participate by attending the exhibition. Traditionally we see between 1,000 and 1,200 seniors.

Exhibitors can register for a fee (\$65 non-profit, \$250 commercial or corporate with an early-bird discount) during the month of June. This price includes one 10-foot x 2-foot space with fabric draping behind, one rectangular table and two folding chairs, and inclusion in our Passport. Staff or volunteers of exhibitors are provided with a wristband for fairground entrance for one day.

FUNDING

There is no dedicated funding or sponsorship for this event. The BCNE provides the venue. Exhibitors' registration fees cover the rental of tables and chairs. Our *Old Boot Café* has netted between \$400 and \$1,000 for the day in the past.

STAFFING

There is no dedicated Coordinator. Volunteers organize and staff the *Old Boot Café*.

PROBLEMS

This event has grown considerably since early days and is a very big event to organize without a dedicated coordinator. This event occurs on the third Thursday in August – a time of year when many potential volunteers are away on vacation. It is also a weekday and challenging for small organizations and businesses to remain open and also staff a table at our exhibition. It is difficult to get small organizations and businesses to register ahead of time which in turn makes it difficult for us to organize.

PLANS & HOPES

We hope to access sponsorship or funding to hire a summer student to coordinate post-COVID. Since we have access to an entire Kin arena there is potential to increase the number of exhibitors. It would be nice to access sponsorship or funding in order to advertise more.

WORLD ELDER ABUSE AWARENESS DAY

(Yearly)



UPDATE

In 2022 The City of Prince George did a proclamation and a flag raising and the Community response network had a table with information at the Community Market.

HISTORY

Elder abuse has always been an important issue for PGCOS. When PGCOS became a host agency for the Community Response Network (CRN) in 2001 it became more possible to bring this issue to attention. In 2006, the United Nations officially proclaimed June 15 as World Elder Abuse Awareness Day.

GOAL

The goal of this day is to bring world-wide awareness to one of the most underreported crimes in Canada – elder abuse.

FUNDING

PGCOS receives no specific funding for this day. However, as CRN host organization, we hold their local funds in a designated account and can access some funds provided to them by the provincial CRN.

STAFFING

No dedicated staff or coordinator.

PROBLEMS

Elder abuse is an uncomfortable and hidden issue and difficult to bring to the attention of the public. Activities and events are limited by lack of funding and volunteers. It is our belief that once a year is NOT sufficient to address this issue.

HOPES & PLANS.

We hope to resume public events such as presentations and workshops post-COVID. We would like to hold events and activities throughout the year rather than just once in the month of June.

RADIO PROGRAM "Senior Moments"

Senior Moments" continues to be a well-received weekly radio program on CFIS-FM 93.1 with cohosts Sharon Hurd and Bob D'Auray. Topics covered range from seniors' nutrition to community activities.

Tune in Tuesdays between 1 and 2 pm. Archived episodes are available at www.senior-moments.ca . We guarantee you'll enjoy it!

Comedy Show Fundraiser

Update: In October we held a fundraiser to assist us with our relocation cost.

We were delighted to have Greg Morton and Maureen Langan to come entertain us. We were able to raise enough funds to help with the move to our new location at 1330 5th Ave.



The graphic has a red curtain background. On the left, a circular portrait of Greg Morton, a man with glasses and a red jacket, is shown. To his right, the text 'Featuring: GREG MORTON' is displayed, followed by 'Mr. Standing O and semi-finalist on America's Got Talent also seen on Dry Bar Comedy'. Below Greg's portrait, the text 'With: MAUREEN LANGAN' is shown, followed by 'Comedian and Ted X Talk Speaker, as seen on HBO Gotham Live and "Don't Make Her Hate You!"'. On the right side, a circular portrait of Maureen Langan, a woman with red hair wearing a black leather jacket, is shown.

Featuring:
GREG MORTON
Mr. Standing O and semi-finalist on
America's Got Talent also seen on
Dry Bar Comedy

With:
MAUREEN LANGAN
Comedian and Ted X Talk Speaker, as seen
on HBO Gotham Live and "Don't Make
Her Hate You!"

Volunteer Appreciation Dinner

Update: In November we were able to host a Volunteer Appreciation Dinner.

The Lou Veeken award was given to ***Fred Archibald***

And the Ellen Pike Award was given to ***Virginia Parsons***

We also Started a new Award this year for the Meals on Wheels Program

And the following received this award.

Brian & Anne Leslie

Phil Ramage

Martina Humphrey

Jay Lazzarin

Garnet Weston

Give Back Smile Back

Update: In Collaboration with family Dental Care, we were able to assist 85 seniors with dental work.

Advance Planning Clinic

Update: On July 27, 2022 we held a presentation in collaboration with Seniors First BC.

Topic: The Importance of Advance Planning –

Location: Prince George Public Library

Quest Speakers: Lawyers Carolynne Burkholder-James and Trevor Slaney

We then had clinics at the Seniors Activity centre on Brunswick, North Central Seniors and the Seniors resource Centre.

Advance Planning Clinics:

PGCOS would like to thank the following lawyers who volunteered their time.

Lawyer Chelsea Dunn from Heather Sadler Jenkins

Lawyer Carolynne Burkholder-James from Marcotte Law

Lawyer Roberta Stewart from Heather Sadler Jenkins

Lawyer Jennifer Woodruff from Seniors First BC

Lawyer Robin Craig from Heather Sadler Jenkins

Lawyer Roberta Stewart from Heather Sadler Jenkins.

We were able to serve 11 clients with Advance planning issues like Wills, representation agreements and powers of attorney.

Goals: to have another presentation and to be able to help more seniors with these issues.

Staffing: Volunteers, & Seniors First Staff

Funding: PGCOS and Seniors First.

Problems: finding volunteer lawyers who want to give their time on this matter during their very busy schedule.

Statistics

Front Desk Stats	Calls	Walk-Ins
	Total	Total
Abuse	13	1
Admin	189	54
Advance Planning	2	1
Advocacy	30	1
BCNE	27	17
Better at Home	617	90
Board / Committees	53	41
Dentures / Dental	119	91
Donations	7	5
Filling out forms	25	33
Financial / Legal	51	10
Food hampers / Christmas hampers	229	95
Friend & Family Caregiver	6	2
Handyman	66	2
Hearing aids / glasses	13	12
Housing/ Community	454	236
Income tax	409	87
Meals on Wheels	677	161
Medical / Blue bottle	37	18
Northern Health	19	0
Outreach	3	0
Referral	47	3
Social Activities / GAS	79	1
Volunteer	46	27
Other	157	48
GRAND TOTALS	3375	1036

Better at Home Program	Total
Grocery Shopping/Delivery	
Grocery Calls	1084
Grocery delivery	602
Active Clients	53
New clients	58
Dicsontinued	6
Waitlisted	3
Assited Grocery Shopping waitlist	16
Houskeeping Services	
Houskeeping	423
Active Clients	68
New clients	37
Dicsontinued	0
Waitlisted	167
Minor repair/Yard Work	
Active Clients	8
New clients	8
Dicsontinued	1
Waitlisted	26

Meals on Wheel Program	Totals
Active Clients	1266
New clients	71
Dicsontinued	74
Waitlisted	192
Meals	15517
Large Portions	639
Soup	561
Salads	312
Dessert	777
bread	90

Social Line	
Number of Volunteers	95
New Volunteers	13
Volunteers Declined	1
Number of Clients	487
Calls Made	1281
No Answer/Msg/Busy	344
Time (minutes)	10052
Average Length of call (minutes)	95

Housing/Community

Phone calls	195	In town resources	5
Walk ins	106	Landlord/Tenant Issues	17
Appointments	116	Lawn Care	4
Emails	30	Legal	7
Unique Clients	123	Legal Referral	22
Repeat Clients	207	Long term care facility	5
Advance Care Planning	3	Maintenance	1
Elder Abuse	4	Meals on Wheels	2
Better at home	13	Mental Health	4
BC Housing registry	18	Misc	10
Christmas hamper	1	Moving services	1
Covid vaccine	1	Out of town info	5
Denture Program	2	pasport info	1
Food/Hamper	6	PGCOS info	30
Forms	15	Phone Support	16
healh	4	Relocation back to PG	5
home care	3	Respite Services	1
Handy Man	2	SAFER Applications	81
Houskeeping	3	Seniors Advocate	3
Housing	227	Senior Centre list	3
Housing List given	33	Telus Good	2
Housing supplement info	2	Transportation	22
Income Security	2	Utilities	1
Income Tax	221	Union Survivors benefit application	1
Insurance	1	Federal Benefits	117
		Provincial Benefits	20

Total Interactions

947

Christmas Hampers	
Number of Hampers delivered	185
Blue Bottles	
Number of Blue Bottles given	360
Income Tax Program	
Mar-23	219
Apr-23	126
Dentures	
Number of Denture recipients given a subsidy	9
Give Back Smile Back	
Clients Helped with dental work	85
Advance planning Clinics	
Clients helped with Wills, rep agreements, and powers of Attorney	11

Prince George Council of Seniors
Income Statement 04-01-2022 to 03-31-2023

REVENUE

Revenue		
Meals On Wheels	68,361.26	
Meals On Wheels Clients	96,921.50	
Meals On Wheels Donations	21,848.15	
Total Meals On Wheels Revenue		187,130.91
Better At Home	121,897.00	
Better At Home Donations	1,520.00	
Better At Home Clients	5,377.50	
Total Better At Home		128,794.50
Friends and Family Caregiver S...	39,520.00	
Total Friends & Fam Caregiver S...		39,520.00
Gaming Revenue		38,750.00
Housing & Community Navigator		61,802.03
City of Prince George Revenue		20,000.00
Fundraising Revenue		61,896.00
Rent Revenue		2,925.00
Admin Fees		34,148.24
Membership Revenue		941.55
Interest Revenue		0.86
Dentures Revenue		4,655.00
Community Response Revenue		1,000.00
Golden Age Social Revenue		1,970.00
Advertising Revenue		60.00
News Letter Revenue		12.70
Income Tax		2,275.00
Book Revenue		600.00
Donation		28,887.84
Christmas Hampers Revenue		29,570.45
BC Northern Exhibition Revenue		3,632.25
Misc Revenue		646.00
Net Revenue		649,218.33
TOTAL REVENUE		649,218.33

EXPENSE

Project Expenses		
Meals On Wheels Payroll Expen...	62,275.15	
Meals On Wheels Courier & Po...	88.20	
Meals On Wheels Bank Charges	22.98	
Meals On Wheels Meals Expen...	116,885.50	
Meals On Wheels Mileage Expe...	1,057.18	
Meals On Wheels Contract/Adm...	8,841.04	
Meals On Wheels Office Supp E...	89.65	
Meals On Wheels Misc. Progra...	2,666.21	
Total Meals On Wheels Expense		191,925.91
Better At Home Admin Expense	14,500.00	
Better at Home Payroll Expense	73,670.54	
Better at Home Mileage Expense	5,115.37	
Better at Home Office Supplies ...	236.38	
Better at Home Contract Expense	2,172.13	
Better At Home Misc Program E...	3,164.52	
Total Better at Home Expense		98,858.94
Housing & Comm Navigator Ad...	5,150.00	
Housing & Comm Navigato Pay...	27,928.41	
Housing & Comm Program Misc...	68.00	
Housing & Comm Navigator Mil...	73.20	
Housing & Comm Navig Off Sup...	2.00	
Total Housing & Comm Navigato...		33,221.61
Denture Office Supplies Expense	64.94	
Denture Program Expense	3,053.72	
Total Denture Expense		3,118.66
Community Response Expense		2,535.00

Printed On: 06-20-2023

Prince George Council of Seniors
Income Statement 04-01-2022 to 03-31-2023

Community Response Admin Ex...	145.00
Golden Age Social Expense	974.88
Blue Bottle Program Expense	1,061.27
Hamper Program Expenses	23,763.85
Total Hampers Expense	23,763.85
Fundraising Expense	31,235.59
BC Northern Exhibition Expense	7,341.54
Friends & Family Admin Expense	3,952.00
Friends & Family Payroll Expense	18,393.36
Friends & Family Program Misc ...	876.55
Friends & Family Milage Expense	380.29
Friends & Family Office Supp Exp	537.77
Total Friends&Family Caregiver ...	24,139.97
Total Project Expenses	418,322.22
Payroll Expenses	
Wages & Salaries MISC	60,333.84
Health and Dental Expense	10,119.40
Life/AD&D/Dep Life Expense	-54.37
EI Expense	1,329.85
CPP Expense	3,225.12
WCB Expense	651.01
Total Payroll Expense	75,604.85
General & Administrative Expe...	
Accounting & Legal	4,954.23
Advertising & Promotions	1,096.63
Business Fees & Licenses	173.00
Office Insurance	776.48
Insurance	776.48
Interest & Bank Charges	725.59
Office Supplies	6,336.25
Office Computer Systems Expense	5,744.01
Office Furniture & Extras Expense	18,883.02
Program Management Fees	1,858.60
Miscellaneous	6,585.19
Rent	42,614.52
Repair & Maintenance	3,036.67
Telephone	9,786.37
Internet	56.00
Staff Training Expense	183.47
Staff Recognition	2,611.00
Volunteer Appreciation Expense	4,191.48
Memberships Paid Expense	340.00
Coffee & Water Expense	129.27
Janitorial	2,448.60
Janitorial Supplies Expense	455.61
Travel & Mileage Expense	258.76
Meeting Expense	191.30
Total General & Admin. Expen...	113,436.05
TOTAL EXPENSE	607,363.12
NET INCOME	41,855.21

Printed On: 06-20-2023

**Prince George Council of Seniors
Balance Sheet As at 03-31-2023**

ASSET

Current Assets

Petty Cash	50.00	
Chq PG Savings General	119,233.70	
Chq PG Savings Gaming	34,325.88	
Chq PG Saving MOW	12,075.42	
Raise the Profile	12,147.40	
Community Response Network	1,481.71	
Better At Home	15,571.06	
Hampers	12,351.02	
Dentures	2,325.56	
Equity Shares General	155.64	
Equity Shares Gaming	56.79	
Total Assets		209,774.18
GST Receivables	3,778.25	
Total Receivable		3,778.25
Security Deposit		2,249.75
Total Current Assets		215,802.18

Capital Assets

Computers	1,136.97	
Net Computers		1,136.97
Total Capital Assets		1,136.97

TOTAL ASSET 216,939.15

LIABILITY

Current Liabilities

Accounts Payable		551.25
Mastercard Payable		1,350.01
Vacation payable		4,599.10
EI Payable	6.80	
CPP Payable	20.61	
Federal Income Tax Payable	332.82	
Total Receiver General		360.23
WCB Payable		461.95
Dentures Deferred Revenue	2,475.49	
Christmas Hampers Deferred R...	12,351.02	
Raise the Profile Deferred Reve...	12,147.40	
Comm Resp Net Deferred Reve...	1,481.71	
Gaming Deferred Revenue	32,000.00	
Total Designated Funds		60,455.62
Total Current Liabilities		67,778.16

TOTAL LIABILITY 67,778.16

EQUITY

Owners Equity

Retained Earnings - Previous Year	107,305.78	
Current Earnings	41,855.21	
Total Owners Equity		149,160.99

TOTAL EQUITY 149,160.99

LIABILITIES AND EQUITY 216,939.15

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